



Fantasy Free Advantage

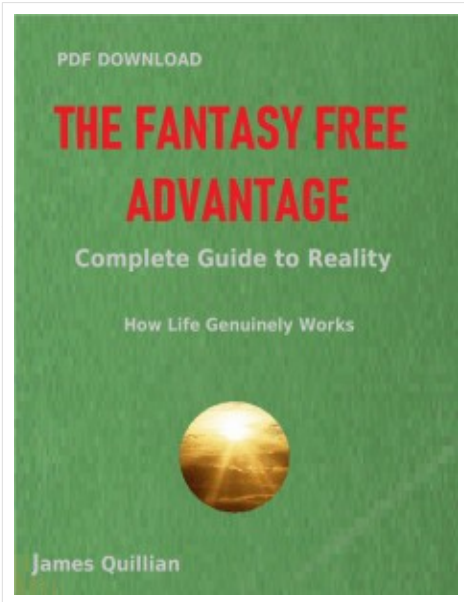
The Light of Reality

James Quillian, Economist

Natural Law Economics Political Analysis

Why Folks Suffer

Posted on [March 8, 2025](#) by [jamesq](#)



This is an explanation by **Anil Narain Matai**

Why do we suffer in our life? Is it due to our wrong decisions or because it's written in our fate?

Suffering is not a punishment — it is a portal. It is neither the result of wrong decisions nor merely fate. Suffering is the cosmic trigger that awakens the dormant parts of your soul, compelling you to break illusions and transcend limitations.

If suffering was solely due to wrong decisions, life would merely be a cause-and-effect game. But the cosmos operates on Karmic Alchemy, not mechanical logic. Every suffering you endure is an alchemical fire — burning away false identities, toxic attachments, and unaligned desires. It is not a punishment, but a purification.

If suffering was merely fate, it would imply you are powerless — but that's another illusion. Fate is not a fixed sentence; it's a pre-written template given to you with freedom of response. Your response, not your circumstances, shapes your destiny. Suffering comes not to destroy you but to strip away the ego, expose your inner strength, and redirect your purpose.

So, suffering is neither your fault nor just fate. It is soul's combustion — pushing you through fire to forge gold. If you perceive suffering as a curse, you remain in it. But if you perceive it as divine reformation, you transcend it.